

Widowed, Separated or Divorced.

I am writing a program for widowed, separated and divorced people which is a support group that will meet for two hours every week for seven weeks.

This program is structured and can be very powerful in not only dealing with grief but gaining confidence and the ability to cope better and be more 'alive'.

The group leaders of this program are people who themselves have experienced a personal loss, and the pain, guilt, feelings of failure, life patterns and status change that this brings. Hopefully it will assist members of the group to rebuild their own lives.

This is not a social group, however, after completion of the seven weeks a family barbecue, where children are most welcome, will be held - as well as other social functions.

There will be talks from a nutritionist, a beautician, and a budgeting professional. Suggestions for talks from professionals in other fields would be most welcome and can be organised.

I have written the outline of this program but I really need advice and thoughts from others so the program is not just from my point of view. I envisage I will need at least six people to help form a committee. This would include someone who is computer literate, and who can write and print notices and the newsletter.

Confidentiality is of utmost importance and an agreement for this will be signed for each group leader and member, before commencement.

The group each consisting of six plus one or two leaders, will bring about a feeling of support, empathy, healing and friendship which I can assure will bring about a very wonderful and uplifting experience.

I suggest a Saturday morning or afternoon or a weekday morning.

A small fee will be charged to cover the cost of printing and other operating expenses including light refreshments.

This is a non-denominational meeting for everyone who has been widowed, separated or divorced.

I will lead the first couple of groups, and I am sure there will be people from these groups who would like to become a leader.

Please contact me on either 0407 740 706, 4154 1406, or email me on pamcoleman@bigpond.com.

COAT—Thank you to all who are supporting the Chinese Orphans Assistance Team—those who have pledged and those who give when they can—your donations make such a difference to these little children's lives.

Donations may be left in the cot any Sunday. If you would like a receipt please put your money in an envelope, print your name on the front and a receipt will be available next week.



Good Shepherd Church

Anglican Parish of Bundaberg West

George & Takalvan Sts. Bundaberg

Rector: Rev'd Dr Richard Bowie 41528810
Phone & Fax - Office (07) 41528810
BOX 5120 Bundaberg West Qld 4670

Churchwardens:
Ian Lohse Ph 41 512210
Russ Ford Ph 41516929
Lesley Christensen Ph 41523860

Parish Office: Tuesday, Wednesday & Thursday 9am – 12 noon

Email address: goodshepherdwest@bigpond.com

Web Site: www.goodshepherdbundaberg.org

The 'family church'... where you're a stranger only once.

TRINITY

18TH MAY, 2008

*The Good Shepherd Family — our purpose is to grow together in Christ,
to worship and learn, to be the Good News.*

BUSH MINISTRY FUND

If you are one of the people who "took the pledge" of \$1 per week to support our brothers and sisters in the bush — your half yearly donation of \$26 is due in May.

BMF Mission boxes can either be returned for collection in May or November. Please leave all donations with the parish secretary as our BMF co-ordinator Ros Kean is away.

Found—Pair of prescription glasses after the Trash 'n Treasure last Saturday. They can be collected from the parish office.

The "Cookie Jar" is really hungry!
It feeds on notes & coins.
It's for mowing and general maintenance.



PARISH FAMILY NEWS!

Celebrating Birthdays

22nd Claire Lamb
23rd Matthew Badger

Best wishes from all the Parish Family



Do we have your birthdate, anniversary, date of baptism etc.??

Let us celebrate with you. Please let us know via a yellow care & courtesy slip so that your details may be added to our records.

There is a letter of thanks on the notice board from the Villagers of Buna & Sanananda in Papua New Guinea detailing how your donations were spent as they recovered from the Cyclone.

They say "Thank you from the bottom of their hearts:."



The Anglican Board of Missions is appealing for help for the victims of Cyclone Nargis which has devastated Myanmar in Burma.

ABM works with the Church in the Province of Myanmar and donations to this emergency appeal will be sent to the church for immediate humanitarian relief work. ABM has already dispatched funds from its emergency reserves and is seeking to raise further funds to help in the relief efforts of the church.



Sitting in the midst of devastation.

We are having a retiring collection TODAY for the ABM Myanmar Emergency Appeal. Please give as generously as you are able.

ATTENTION ALL MEMBERS OF THE LITURGICAL TEAM

If you are unable to perform the duties you are rostered for on any given Sunday, please contact the L.A. for that service in order that they can arrange a replacement.

We have too many occasions lately where those people who are rostered are just simply not turning up or making contact to advise of their non-appearance. By doing this we will not have instances where the L.A. is left to also be the server and crucifer.

Rosters for May / June are available. Have you collected your copy.

Love never gives up!

We have a parish cot which is available for loan to parishioners. If you have a baby visiting you and you need the loan of the cot, please phone Pam Edgerton 415527759.

MEN! Our next Men's Breakfast is Saturday 7th June, 7am in our hall.



Men are reminded this is a memorabilia morning. Make sure you bring your memorabilia item with you.

For further details contact Bill Lawrence 41525212.

Reminder to all men!!! No breaky in July due to school holidays.



www.hinet.net.au/~meggs



KEMSLEY

This week in the Parish:



Monday	9.00am	Pastoral Focus Visitors
Tuesday	9.00am	Sewing Circle
Wednesday	9.00am 10.00am	Midweek Service Bible Study in the hall
Thursday	7.00am 9.30am	Pastoral Focus Home Visits & Bedside Communion Mater Hospital Cuppa for Cancer Handbag Extravaganza in the hall—bookings — Marg Tuffield 41556616 or Jan Lawrence 41543173
Friday	7.00am 8.00am 9.00am 9.30am 7.15pm	Prayer Group meet in the church Bedside Communion Riverlea & Gracehaven Holy Communion Service Argyle Village Wrap gifts for Cent Sale Christ Church hall Set up Christ Church Hall for Cent Sale
Saturday	1.00pm	Combined Parishes Cent Sale in Christ Church Parish Hall
Sunday	7.00am 9.30am 4.00pm	Holy Communion Family Communion Service & Sunday School Latte / Bible Study Group—Andrew & Louise 41542680

The Combined Anglican Parishes of Good Shepherd & Christ Church



Cent Sale



Saturday 24th May @ 1pm
in Christ Church Parish Hall



Funds raised through this cent sale go towards our share of the R.E. books that are used in state schools in the Bundaberg area.



Suitable items for the cent sale table can come in many forms:-

they can be craft items you have made, grocery items, homemade jams and pickles, potted plants, bottle of wine, towels, box of chocolates, shampoo etc. Donations of home cooking may be brought on the day to Christ Church hall.



Donations for the Cent Sale Table may be left in the basket near the door.

HELPERS ARE NEEDED—

- 9.30am on Friday 23rd to wrap the gifts—please bring scissors and sticky tape with you.
 - 7.15pm on Friday 23rd to set up tables & chairs in the hall.
- Please let Clara or Pam at the 7am service or Phoebe or Marg at the 9.30am service know if you can help.

Our Parish Prayer

Father God, equip our Good Shepherd family with the resources we need.
Empower us all by your Holy Spirit.
Strengthen, protect and guide us – especially in our times of need.
Remove the obstacles that would block our endeavours to do your will.
Make us one, within the fold of your church.
We ask in the name of Jesus our Lord. Amen.



Pastoral Focus Prayer.

God our Father,
Grant us the skills to serve your church;
The ears to hear the calls for help;
The lips to speak your words of truth;
The eyes to see the needs to fill;
The feet to go to those in want;
The mind to meet the doubts we find;
The heart of love to share your peace;
The hands to work without reward;
We ask this only to do your will,
Through Jesus, our Saviour, Redeemer and Friend. Amen.



Prayer of Evangelism.

Heavenly Father, Set our hearts on fire to go into the world in your name.
Grant us wisdom, and the confidence to speak your word.
Give us the strength and the will to continue through all circumstances.
Help us take the Good News to all who will listen,
so they may know Jesus as their Lord and master.
May we glorify your name in all we say and do. In Jesus name we pray. Amen.



In your prayers, please remember:-

Our Parish Family prayer list this week (from our parish directory – to show we care)

Joy, Bruce, Georgia & Susan; Carole & Kali; Michael, Amy, Portia-Lilly, Kaleb & Levi;
Mark, Michelle, Meg & Cara, David, Karen, Liam & Connor;



Absent Friends: Parish Family not with us today.

For those in need:

Prayers for Healing: "Come to me all who labour and are heavy laden and I will give you rest"

Jan; Stan; Harry; Nesta; Bonny; Dave; Maxine; Mike; Hannah; Ben; Joan; Leone, Sarah; Ruth; Bev;
Richard; Sherryll; Chris; Bon; June; Joyce; Lettie; Dulcie; ... (and those known only to the Lord).

Special Needs:

Cheryl; Kym; Emma; Vivienne & Don; Emity; Brendan; Joyce; Julia; Richard; ; Luise Mark & Rosie;
Bonny & children; Janet, Dudley & Family; Linda & Neil; (& those known only to the Lord)

Our School Chaplains: Fr. Andrew, Paula, Kelli, Steven, Adrian, Noel, Teresa & Brenda

Our Link Missionaries with CMS – Shirley Gent in Pakistan and the Hayes Family – Bruce, Libby
and their children Daniel, Julia, Stephanie & Ruth in Nepal **and BCA Missionaries** - the Keith
Family—Rev'd Mike, Chantalle and baby Rachell in Lightning Ridge.

Years Mind – we remember- (I.e. the anniversary of the death of a loved one):-

Michael Pruss; Vincent Coleman; Vi Ruback

Thanksgiving for the Life of:

Today's Worship—Trinity

Sentence: Proclaim the Name: 'The Lord, the Lord, a God who is merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.'
Exodus 34:6

Readings Today:

Old Testament: Exodus 34:1-8
Psalm: Song of the Three 29-34 (page 399)
New Testament: 2 Corinthians 13:11-13
Gospel: Matthew 28:16-20

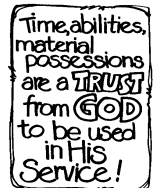
Readings next Sunday:

Old Testament: Isaiah 49:8-16a
Psalm: 131 page 364
New Testament: 1 Corinthians 3:18-4:5

**Let us bless the Father
and the Son together
with the Holy Spirit.
Let us praise and exalt them
above all for ever.
Blessed be God in the firmament of heaven.
You alone are our hope,
our salvation and our glory,
O Blessed Trinity.**

YOUR OFFERTORY TRUST

The parish needs a regular and orderly system of giving by its members, otherwise it is impossible to establish a budget and plan future needs. St Paul recognized this and gave some very practical suggestions to the people of his day. It was he who suggested that contributions should be organized on a weekly basis (1 Corinthians 16:1).



ABM Reflections of Today's Readings

A 'believer' is someone who gives intellectual ascent to a theoretical idea or proposition. Jesus calls us not just to believe, but to follow. A 'disciple' is someone who is yielded to the will of the master. Even a cursory reading of the Gospels reveals that obeying all that Jesus has commanded is no easy task. Discipleship is a narrow path, radical and counter-cultural. Let alone, we wouldn't stand a chance. What does it mean when Jesus says 'I am with you always'?

- Pray for the courage to be discipled anew every day.
- Pray for Indigenous Anglicans across Australia.